

Pflichtzeiten für den Leistungsschlüssel des KSV Lübeck Stand: 01/2014

Strecke	Freistil							Rücken				Brust				Schmetterling				Lagen				
	Alter	25	50	100	200	400	800	1500	25	50	100	200	25	50	100	200	25	50	100	200	100	200	400	
7	00:30,00	01:02,00							00:31,00	01:08,00			00:34,00	01:11,00										
8	00:25,00	00:52,00	02:00,00						00:27,00	01:00,00			00:30,00	01:04,00			00:28,00	01:00,00			02:20,00			
9		00:46,00	01:42,00	3:39,00	07:34,00	15:24,00	30:30,00		00:54,00	01:52,00	03:56,00		00:59,00	02:07,00	04:31,00		00:51,00	01:48,00	03:55,00	01:50,00	04:05,00	08:34,00		
10		00:42,00	01:32,00	03:17,00	06:50,00	13:44,00	27:15,00		00:49,00	01:41,00	03:32,00		00:53,00	01:54,00	04:04,00		00:45,00	01:40,00	03:32,00	01:40,00	03:41,00	07:44,00		
11		00:39,00	01:25,00	03:02,00	06:19,00	12:51,00	25:30,00		00:45,00	01:34,00	03:17,00		00:49,00	01:46,00	03:46,00		00:42,00	01:36,00	03:26,00	01:30,00	03:25,00	07:15,00		
12		00:37,00	01:22,00	02:56,00	06:05,00	12:24,00	24:00,00		00:44,00	01:31,00	03:10,00		00:47,00	01:42,00	03:38,00		00:41,00	01:34,00	03:20,00	01:26,00	03:17,00	07:00,00		
13		00:36,00	01:19,00	02:50,00	05:53,00	11:57,00	22:30,00		00:42,00	01:27,00	03:03,00		00:46,00	01:38,00	03:30,00		00:39,00	01:29,00	03:15,00	01:23,00	03:10,00	06:40,00		
14		00:35,00	01:16,00	02:45,00	05:43,00	11:37,00	22:00,00		00:41,00	01:25,00	02:58,00		00:44,00	01:35,00	03:25,00		00:38,00	01:23,00	03:10,00	01:21,00	03:05,00	06:28,00		
15		00:34,00	01:14,00	02:41,00	05:34,00	11:19,00	20:55,00		00:40,00	01:23,00	02:55,00		00:43,00	01:33,00	03:19,00		00:37,00	01:20,50	03:05,00	01:19,00	03:00,00	06:18,00		
16		00:33,00	01:13,00	02:37,00	05:26,00	11:00,00	20:45,00		00:39,00	01:21,00	02:54,50		00:42,00	01:31,00	03:14,00		00:36,00	01:20,25	03:04,00	01:16,00	02:56,00	06:09,00		
17-19		00:32,00	01:11,00	02:33,00	05:10,00	10:30,00	20:00,00		00:38,00	01:20,00	02:54,00		00:41,00	01:28,00	03:10,00		00:35,00	01:20,00	03:02,50	01:14,00	02:51,00	05:59,00		
AK20		00:32,00	01:09,00	02:37,00	05:25,00	11:00,00	21:30,00		00:38,00	01:21,00	03:00,00		00:41,00	01:30,00	03:20,00		00:34,00	01:19,00	03:00,00	01:19,00	02:52,00	06:10,00		
AK25		00:33,50	01:11,50	02:40,00	05:40,00	12:30,00	24:00,00		00:40,00	01:24,00	03:05,00		00:42,00	01:34,00	03:25,00		00:35,00	01:23,00	03:10,00	01:23,00	02:57,00	06:20,00		
AK30		00:35,50	01:14,00	02:43,00	06:00,00	13:00,00	25:00,00		00:42,00	01:28,00	03:15,00		00:44,00	01:38,00	03:35,00		00:37,00	01:28,00	03:25,00	01:27,00	03:02,00	06:35,00		
AK35		00:38,00	01:17,00	02:50,00	06:20,00	13:30,00	26:00,00		00:45,00	01:35,00	03:25,00		00:46,50	01:42,00	03:45,00		00:39,00	01:35,00	03:40,00	01:32,00	03:08,00	06:50,00		
AK40		00:41,00	01:23,00	03:00,00	06:40,00	14:15,00	27:30,00		00:47,00	01:42,00	03:35,00		00:48,50	01:47,00	03:55,00		00:43,00	01:43,00	03:55,00	01:38,00	03:20,00	07:10,00		
AK45		00:43,00	01:30,00	03:20,00	07:00,00	15:00,00	29:00,00		00:50,00	01:48,00	03:50,00		00:52,00	01:51,00	04:05,00		00:46,00	01:50,00	04:15,00	01:44,00	03:40,00	07:35,00		
AK50		00:45,00	01:38,00	03:30,00	07:30,00	15:45,00	30:00,00		00:53,00	01:54,00	04:10,00		00:54,00	01:56,00	04:20,00		00:51,00	01:56,00	04:35,00	01:50,00	03:50,00	08:00,00		
AK55		00:48,00	01:43,00	03:45,00	08:00,00	16:30,00	32:00,00		00:57,00	01:58,00	04:30,00		00:57,00	01:59,00	04:35,00		00:56,00	02:00,00	04:55,00	01:56,00	04:00,00	08:30,00		
AK60		00:50,00	01:48,00	04:00,00	08:30,00	17:30,00	34:00,00		01:00,00	02:05,00	04:50,00		01:00,00	02:05,00	04:50,00		01:00,00	02:15,00	05:15,00	02:04,00	04:10,00	09:00,00		
AK65		00:55,00	01:55,00	04:15,00	09:00,00	18:30,00	36:00,00		01:06,00	02:10,00	05:20,00		01:05,00	02:15,00	05:00,00		01:05,00	02:20,00	05:35,00	02:12,00	04:25,00	09:30,00		
AK70+		00:58,00	02:00,00	04:30,00	09:30,00	20:00,00	38:00,00		01:10,00	02:30,00	05:40,00		01:12,00	02:30,00	05:20,00		01:10,00	02:35,00	05:55,00	02:20,00	04:45,00	10:00,00		

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Strecke	Freistil							Rücken				Brust				Schmetterling				Lagen			
	Alter	25	50	100	200	400	800	1500	25	50	100	200	25	50	100	200	25	50	100	200	100	200	400
7	00:30,00	01:02,00						00:31,00	01:08,00			00:34,00	01:11,00										
8	00:25,00	00:52,00	02:00,00					00:27,00	01:00,00			00:30,00	01:04,00			00:28,00	01:00,00			02:20,00			
9		00:45,00	01:41,00	03:43,00	07:50,00	16:14,00	30:44,00		00:53,00	01:52,00	04:03,00		00:58,00	02:08,00	04:32,00		00:51,00	01:51,00	04:02,00	01:50,00	04:10,00	08:30,00	
10		00:41,00	01:31,00	03:21,00	07:03,00	14:38,00	27:43,00		00:47,00	01:41,00	03:39,00		00:53,00	01:55,00	04:05,00		00:46,00	01:40,00	03:46,00	01:40,00	03:45,00	07:55,00	
11		00:38,00	01:24,00	03:06,00	06:31,00	13:32,00	25:37,00		00:44,00	01:34,00	03:23,00		00:49,00	01:47,00	03:46,00		00:42,00	01:37,00	03:36,00	01:30,00	03:28,00	07:25,00	
12		00:35,00	01:18,00	02:53,00	06:05,00	12:36,00	23:52,00		00:41,00	01:27,00	03:09,00		00:45,00	01:39,00	03:31,00		00:39,00	01:32,00	03:27,00	01:24,00	03:14,00	07:05,00	
13		00:33,00	01:13,00	02:40,00	05:38,00	11:41,00	22:20,00		00:38,00	01:21,00	02:55,00		00:42,00	01:32,00	03:16,00		00:36,00	01:28,50	03:19,00	01:19,00	03:00,00	06:40,00	
14		00:31,00	01:09,00	02:31,00	05:25,00	11:20,00	21:00,00		00:36,00	01:20,00	02:50,00		00:40,00	01:27,00	03:06,00		00:34,00	01:20,00	03:12,00	01:15,00	02:49,00	06:10,00	
15		00:30,00	01:07,00	02:27,00	05:19,00	11:00,00	20:15,00		00:35,00	01:18,50	02:45,00		00:38,00	01:24,00	03:00,00		00:33,00	01:16,00	03:06,00	01:12,00	02:44,00	05:47,00	
16		00:29,00	01:05,00	02:22,00	05:00,00	10:50,00	19:40,00		00:34,00	01:16,00	02:40,00		00:37,00	01:22,00	02:59,00		00:32,00	01:11,00	03:00,00	01:09,50	02:40,00	05:37,00	
17-19		00:28,00	01:03,00	02:19,00	04:52,00	10:05,00	19:05,00		00:33,00	01:10,00	02:31,00		00:36,00	01:20,00	02:50,00		00:31,00	01:09,00	02:48,00	01:07,50	02:35,00	05:27,00	
AK20		00:27,50	01:01,00	02:20,00	05:05,00	10:30,00	20:30,00		00:34,00	01:13,00	02:45,00		00:35,50	01:19,00	03:00,00		00:30,00	01:09,00	02:45,00	01:11,00	02:37,00	05:40,00	
AK25		00:28,50	01:03,00	02:25,00	05:15,00	10:45,00	21:00,00		00:35,00	01:16,00	02:50,00		00:36,50	01:21,00	03:05,00		00:31,00	01:11,00	02:50,00	01:13,00	02:40,00	05:50,00	
AK30		00:29,50	01:05,00	02:30,00	05:30,00	11:20,00	22:00,00		00:36,00	01:19,00	02:55,00		00:38,00	01:25,00	03:10,00		00:32,00	01:15,00	02:55,00	01:15,00	02:44,00	06:10,00	
AK35		00:30,50	01:10,00	02:35,00	05:50,00	11:52,00	23:00,00		00:39,00	01:23,00	03:00,00		00:40,00	01:29,00	03:15,00		00:33,00	01:18,00	03:00,00	01:19,00	02:50,00	06:25,00	
AK40		00:32,00	01:13,00	02:40,00	06:00,00	12:16,00	24:00,00		00:41,00	01:27,00	03:10,00		00:42,00	01:34,00	03:20,00		00:35,00	01:23,00	03:10,00	01:23,00	02:55,00	06:45,00	
AK45		00:33,00	01:16,00	02:45,00	06:20,00	12:56,00	25:00,00		00:42,00	01:32,00	03:25,00		00:44,00	01:37,00	03:30,00		00:37,00	01:28,00	03:25,00	01:27,00	03:05,00	07:05,00	
AK50		00:34,50	01:21,00	02:55,00	06:45,00	13:40,00	26:00,00		00:44,00	01:38,00	03:40,00		00:46,00	01:42,00	03:40,00		00:39,00	01:35,00	03:45,00	01:32,00	03:15,00	07:25,00	
AK55		00:36,00	01:25,00	03:00,00	07:10,00	14:22,00	27:00,00		00:46,00	01:42,00	03:55,00		00:48,00	01:46,00	03:50,00		00:41,00	01:40,00	04:05,00	01:37,00	03:35,00	07:45,00	
AK60		00:39,00	01:29,00	03:10,00	07:35,00	15:16,00	28:00,00		00:49,00	01:46,00	04:10,00		00:50,00	01:50,00	04:00,00		00:45,00	01:45,00	04:25,00	01:42,00	03:45,00	08:05,00	
AK65		00:43,00	01:34,00	03:30,00	07:55,00	15:54,00	29:00,00		00:51,00	01:53,00	04:32,00		00:53,00	01:56,00	04:10,00		00:49,00	02:00,00	04:50,00	01:50,00	04:15,00	08:30,00	
AK70+		00:48,00	01:42,00	03:50,00	08:20,00	16:52,00	30:00,00		00:58,00	02:10,00	04:45,00		00:58,00	02:08,00	04:20,00		00:54,00	02:15,00	05:20,00	02:00,00	04:30,00	09:00,00	

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